



Charting Your LifeCourse to Work

2019 AL-APSE Conference

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Outcomes for Today

Expand on	Expand on the guiding principals of Charting the LifeCourse Framework.
Learn	Learn how one self-advocate has utilized the Charting the LifeCourse tools to reach their good life vision of work.
Practice	Practice using the Charting the LifeCourse Framework and tools to create an employment plan for youth or others in attendance.



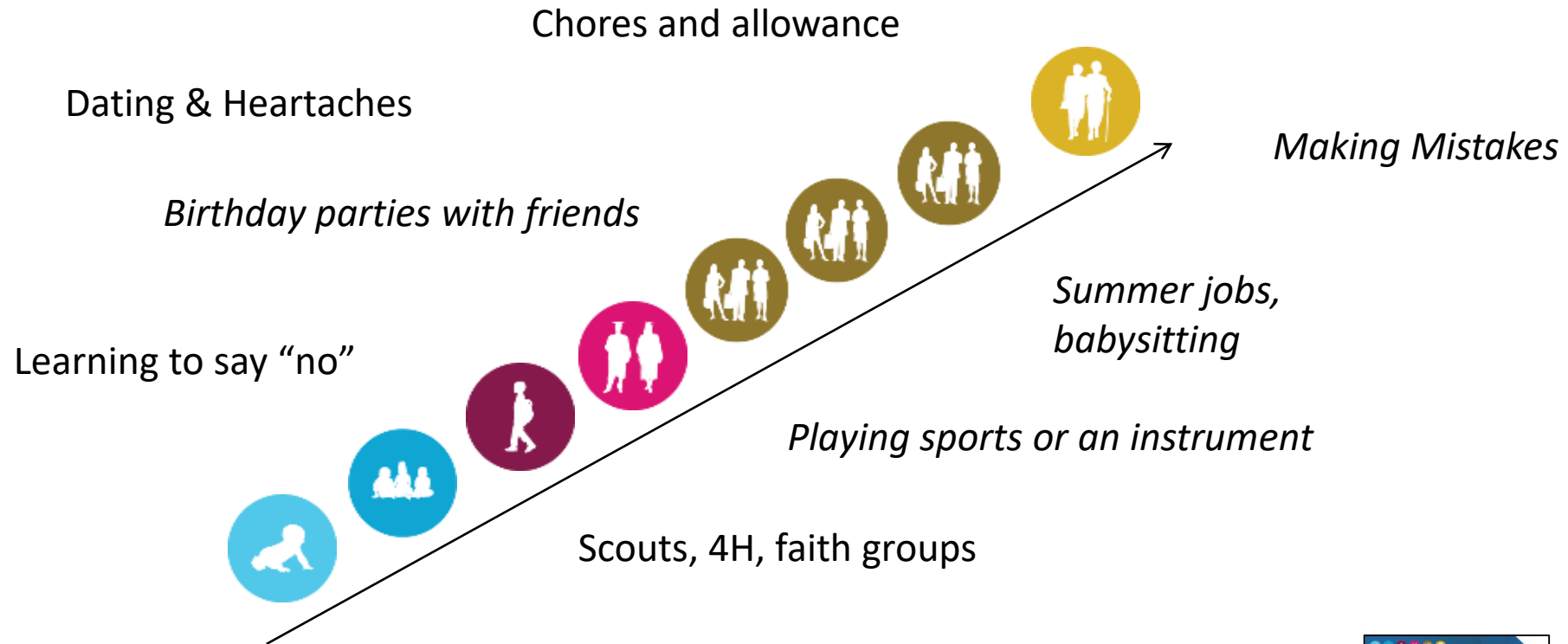


Our Good Life
Begins

Eyes of Hope

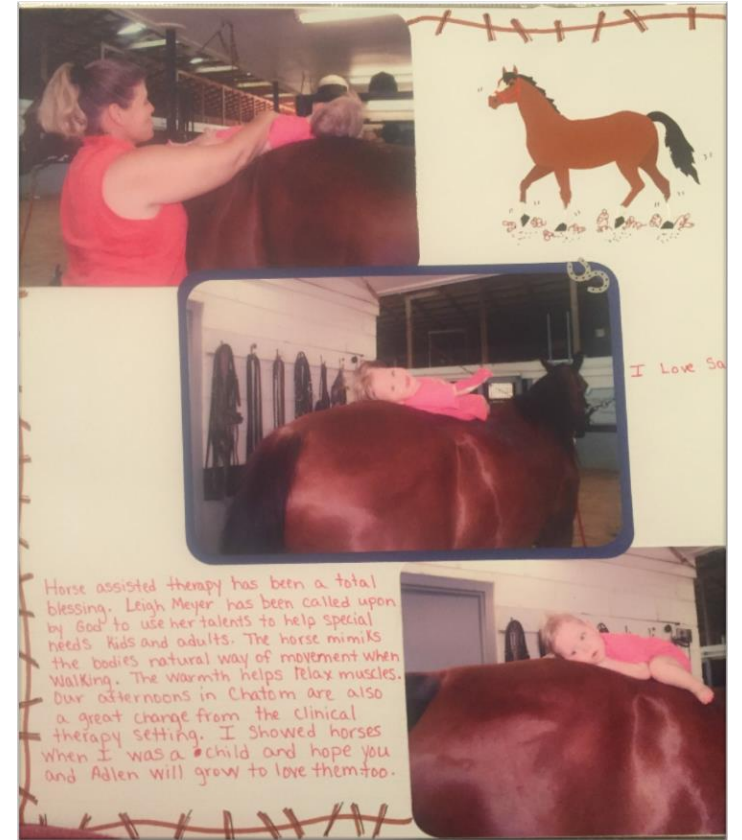
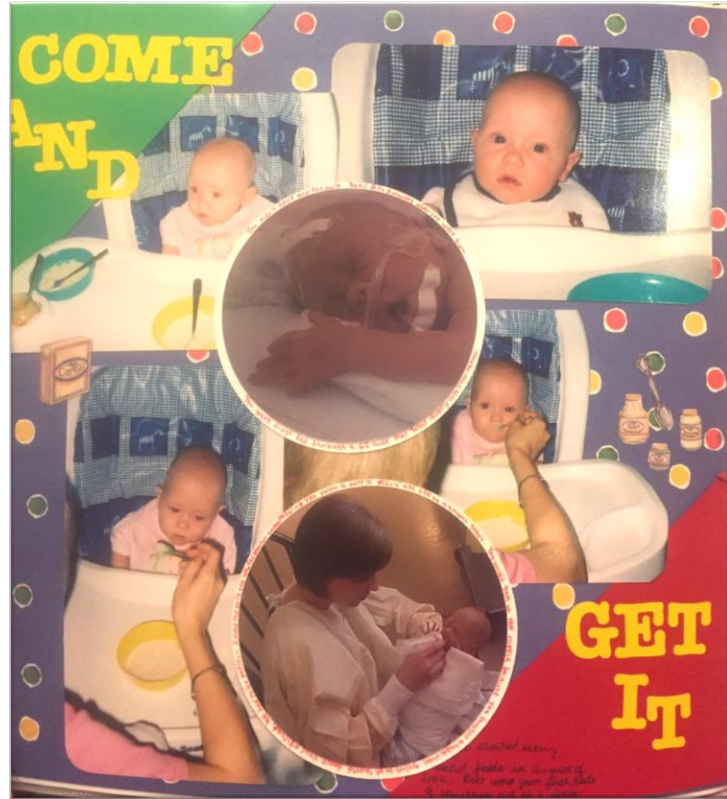
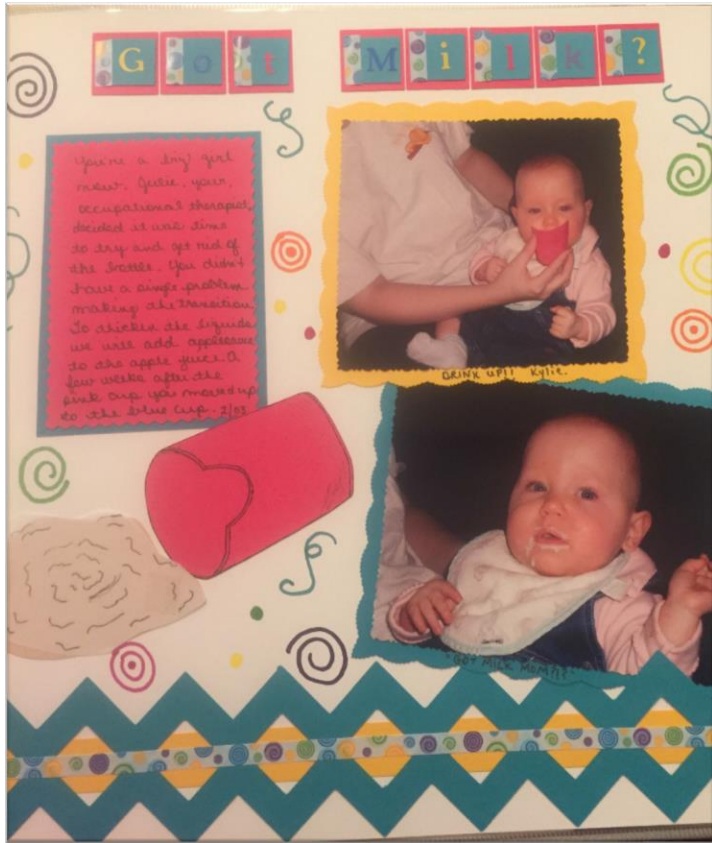


Trajectory Across Life Experiences



“Anticipatory Guidance for Life Experiences”





The Early Years

Proactive Instead of Reactive



The Early Years
Creative in Reaching My Goals



The Preschool Years



The School Years

Everyday Life During My School Years

Kylie's Good Life The Early Transition Years

Preparing to Transition From
School to Adult Life- Realizing
school is almost over

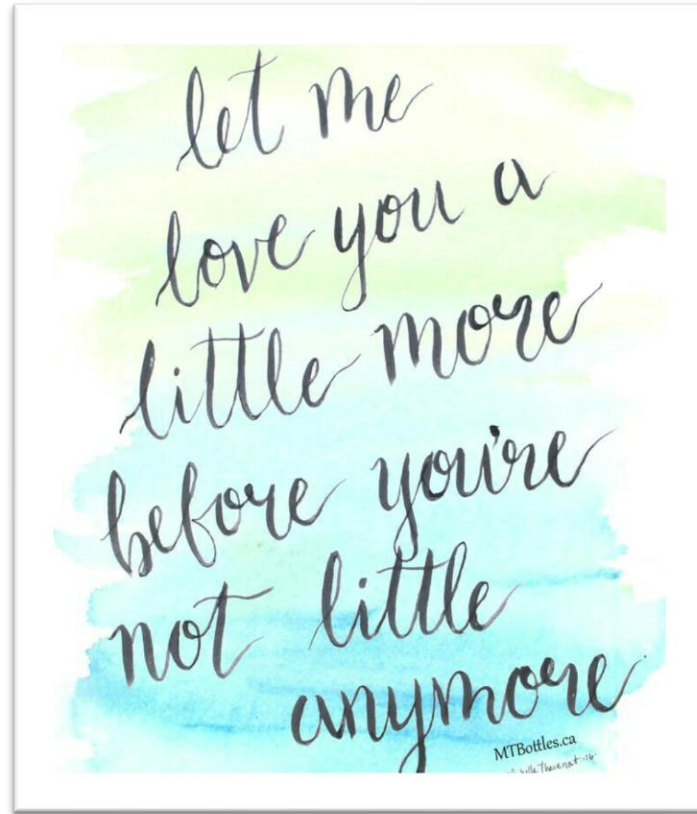




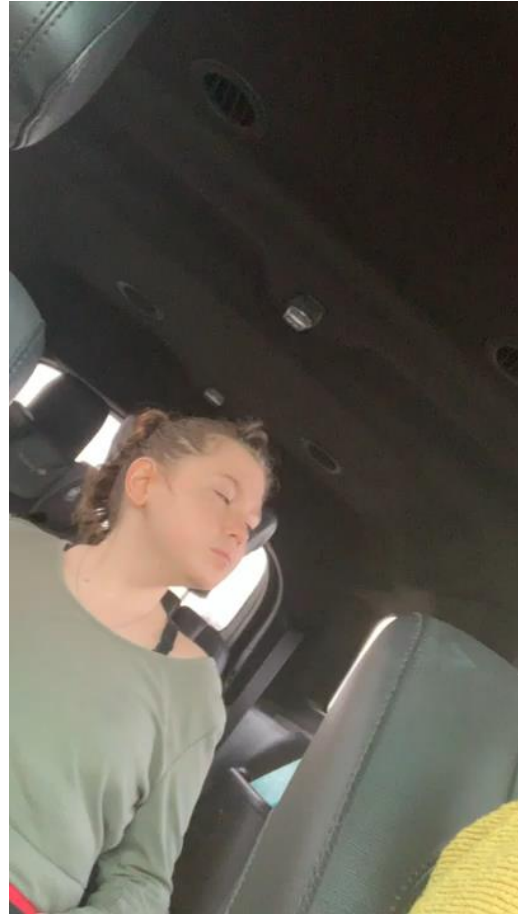
TRANSITION
ADULTHOOD
PARTICIPATION
HEALTH CONTROL
DREAMS EMPLOYMENT
ASPIRATIONS
COMMUNITY
RELATIONSHIPS
INDEPENDENCE
FRIENDSHIPS
HOUSING
PERSONCENTRED
TRAVEL HOPES
TRAINING OPPORTUNITY
FUTURE
PERSONAL budgets
EDUCATION
PERSONCENTRED
ADULTHOOD
HOUSING
PERSONCENTRED
TRAVEL HOPES

Core Belief of Charting Kylie's LifeCourse™:

Kylie has the right to live, love, work, play and pursue her life aspirations in her community.



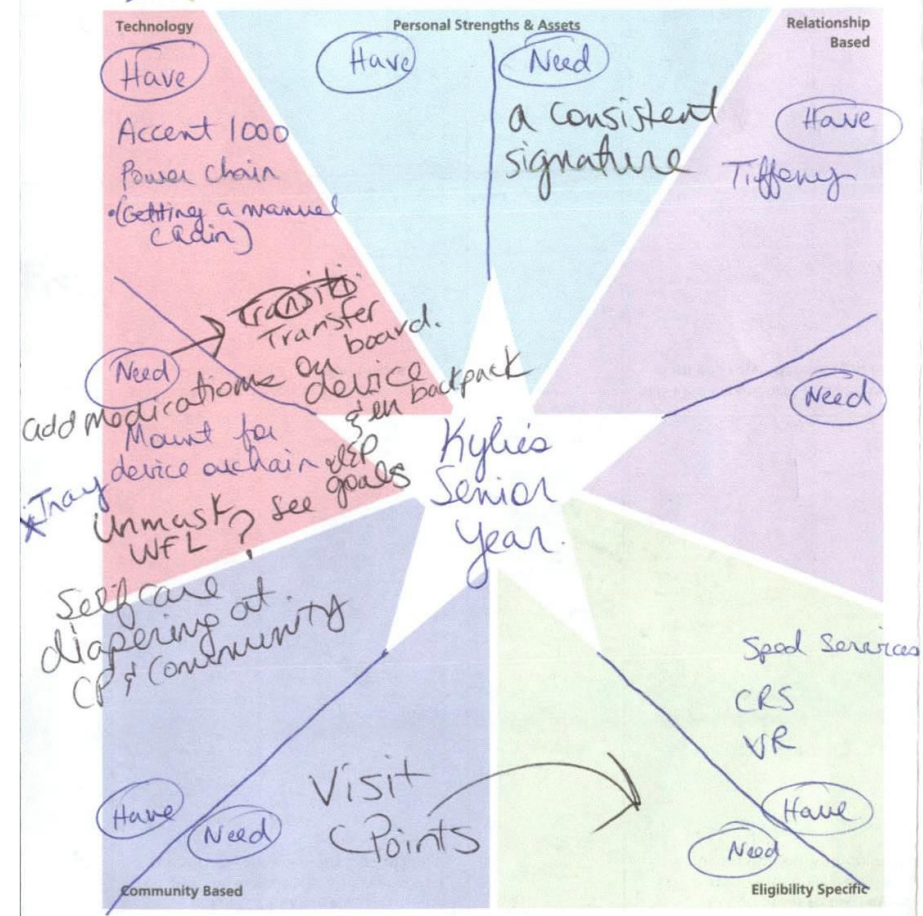
What's Important to Me:



Can they take care of their toileting

Integrated Services and Supports

People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This tool will help families and individuals think about how to work in partnership to support their vision for a good life.



Access the LifeCourse framework and tools at lifecoursetools.com

My LifeCourse Portfolio is a template of the UMKC IHD, UCEDD. More materials at lifecoursetools.com

OCTOBER 2016



My LifeCourse School Portfolio

Kylie's ONE-PAGE PROFILE

What people like & admire about me

- My Smile
- Strength
- Determination
- Dance Moves

Ability to brighten a room

I communicate my wants & desires.

What's Important to ME

- a job
- Make money
- Friends
- Going to church
- Family
- Music
- Crossing Points
- Food
- Health
- School
- Smacks
- Notesbooks
- Pens
- Being included in All Senior activities.

How to Best Support ME

- Direction
- Listening to verbal & body cues.
- Keep me occupied - I like a task and having purpose in my school work & community.
- Understand my abilities be realistic with goals and know when to push no harder or change the goal.

- Peer Support - Authentic & Natural
- Consistent Special Education Teacher.
- Better qualified PARA support.

Adapted from The Learning Community for Person Centered Practices and Helen Sanderson Associates <http://helen-sanderson.com>

Journey through School

Magic Moments trip
 (writing about all informed of all fun or class planning...)

• CPS - Rehab Engineer
 • Getting Malinity
 • Communication Surgeon General

Past Life Experiences
 LIST past life experiences and events that supported your vision for a good life.

- Job exploration in school & summer experience @ UCC Food Pantry
- Communication Device Therapy @ UA
- Teachers that support my goal of helping me prepare to apply for Crossing Point
- VR Support
- Health care that helps me stay healthy
- Friends

LIST past life experiences that pushed the arrow toward things you don't want.

- Surgeries - in hospital over 30 days from Jan to April 2019.
- Sickness affecting my power wheelchair driving
- Vocal tic that started after March surgery
- Dependence on my twin sister
- Difficulty having accessible transportation to participate in all school sponsored activities to & from school
- Parents work full time

two 1/2 marathons in 2019 & 2018
 5K in Nov 2018



Write current age, grade, or school year here
 17 & 12th

Action Steps to the Future
 LIST current/future life experiences that continue supporting your good life vision.

- Summer job exploration
- a part time job during high school
- Knowing goals to work on for having a chance at applying for CP
- Someone place to do my self care when in the community

LIST life experiences to avoid because they push you toward things you don't want.

- Classmates don't know who I am?
- I don't know my classmates
- Chronic illness
- Para Educator that is afraid to call support mod

- Not exploring multiple job sites
- Not thinking outside the box
- Not seeing Kyle's strengths, likes & desires

Mounting of my device on my wheelchair
 Kyle
 Family

VISION for a GOOD LIFE

LIST what you want your "good life" to look like ...

- Job - work in mall
- Live with friend - Tiffeny
- Crossing Points - Go to Tiffeny's school
- Being a productive member of my community
- Barrier free community
- Exploring & traveling
- Daily independence
- Active
- Healthy

Hair Salon
 Recreation running with my mom

What I DON'T Want

LIST the things you don't want in your life...

- People in costume
- Surgeries
- Loss my independence (power wheelchairs)
- Seem as needy
- Sitting at home
- Fearing what life will be like after high school
- Summer days spent alone at home
- Not having health care
- No transportation
- No money

- Kylie Spinks
- 17 Years Old
- 12th Grade



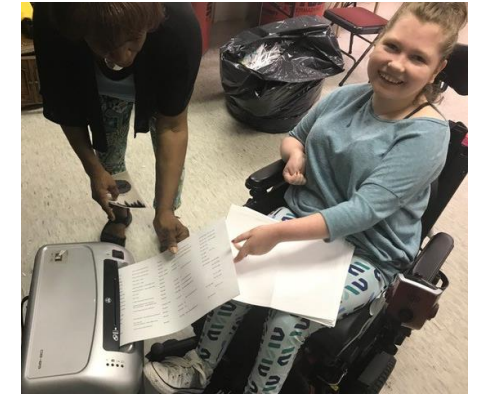
**EVERY SINGLE THING
THAT HAS EVER
HAPPENED IN YOUR
LIFE IS PREPARING
YOU FOR
A MOMENT THAT IS
YET TO COME.**

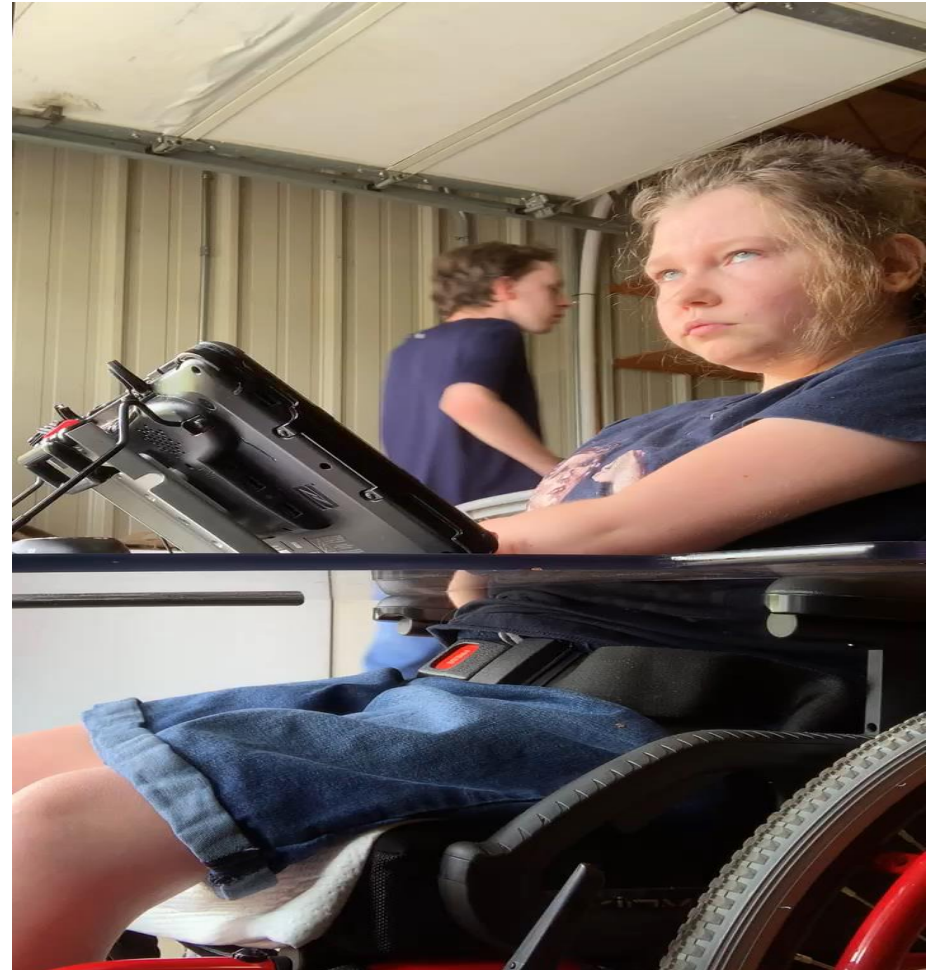
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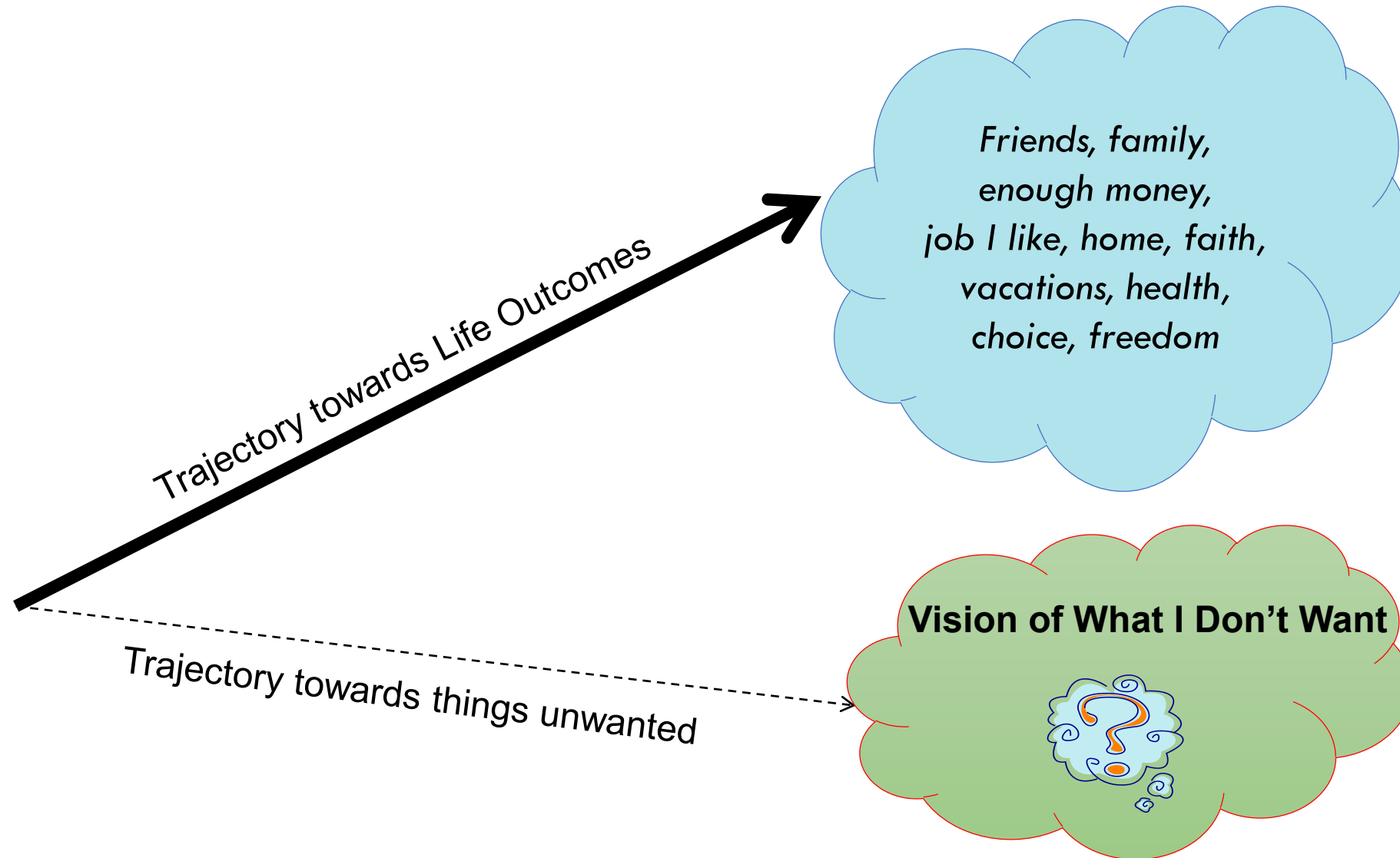


My Right to Work

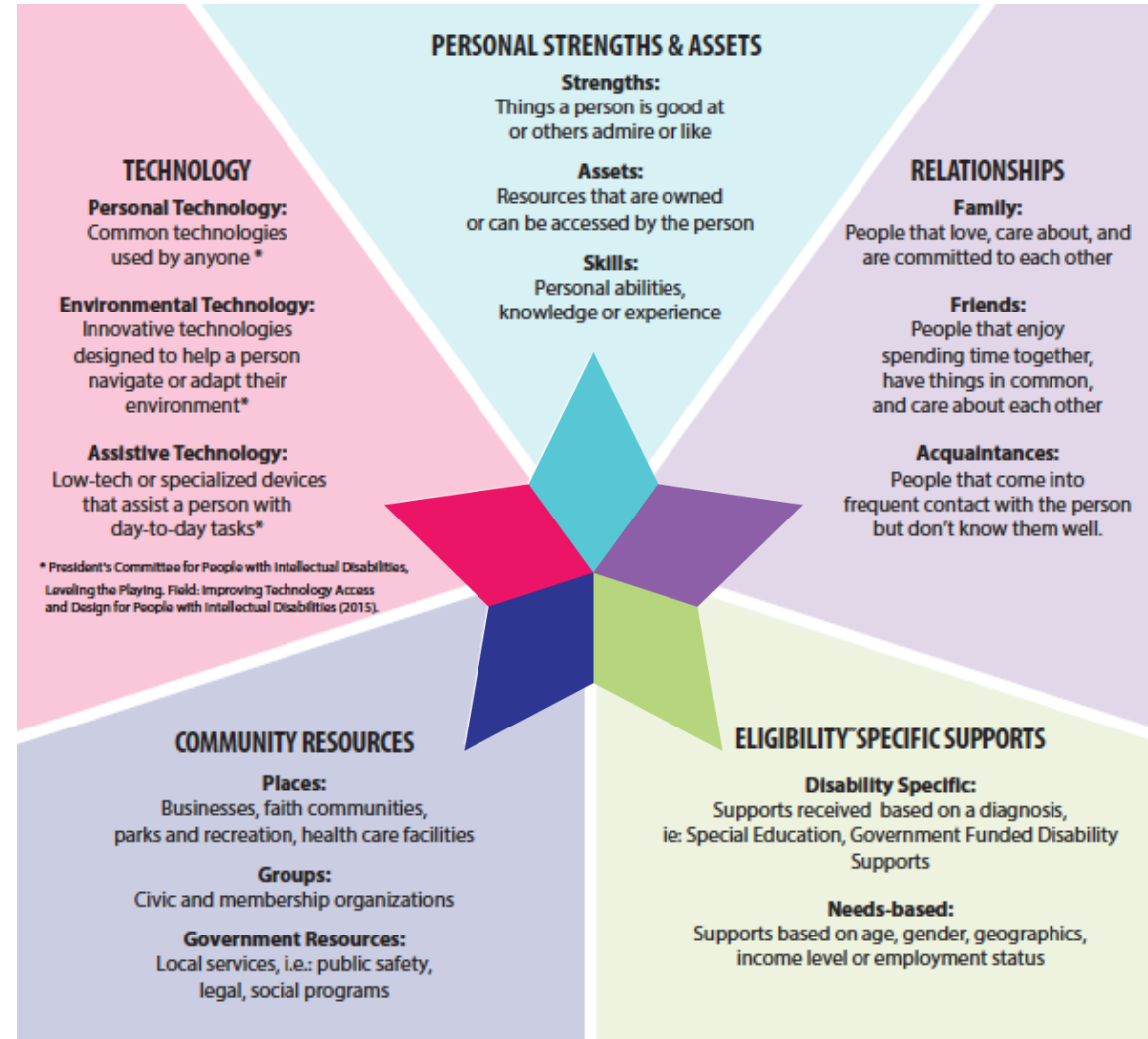
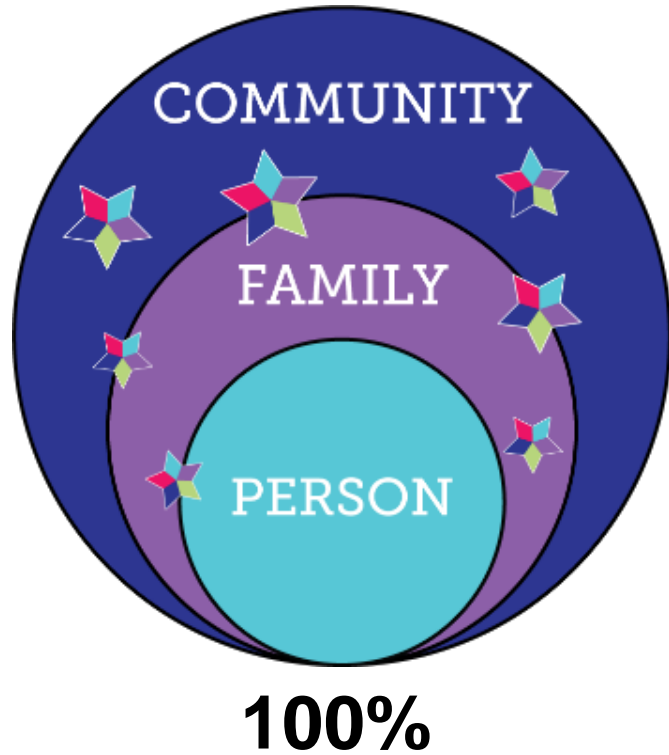




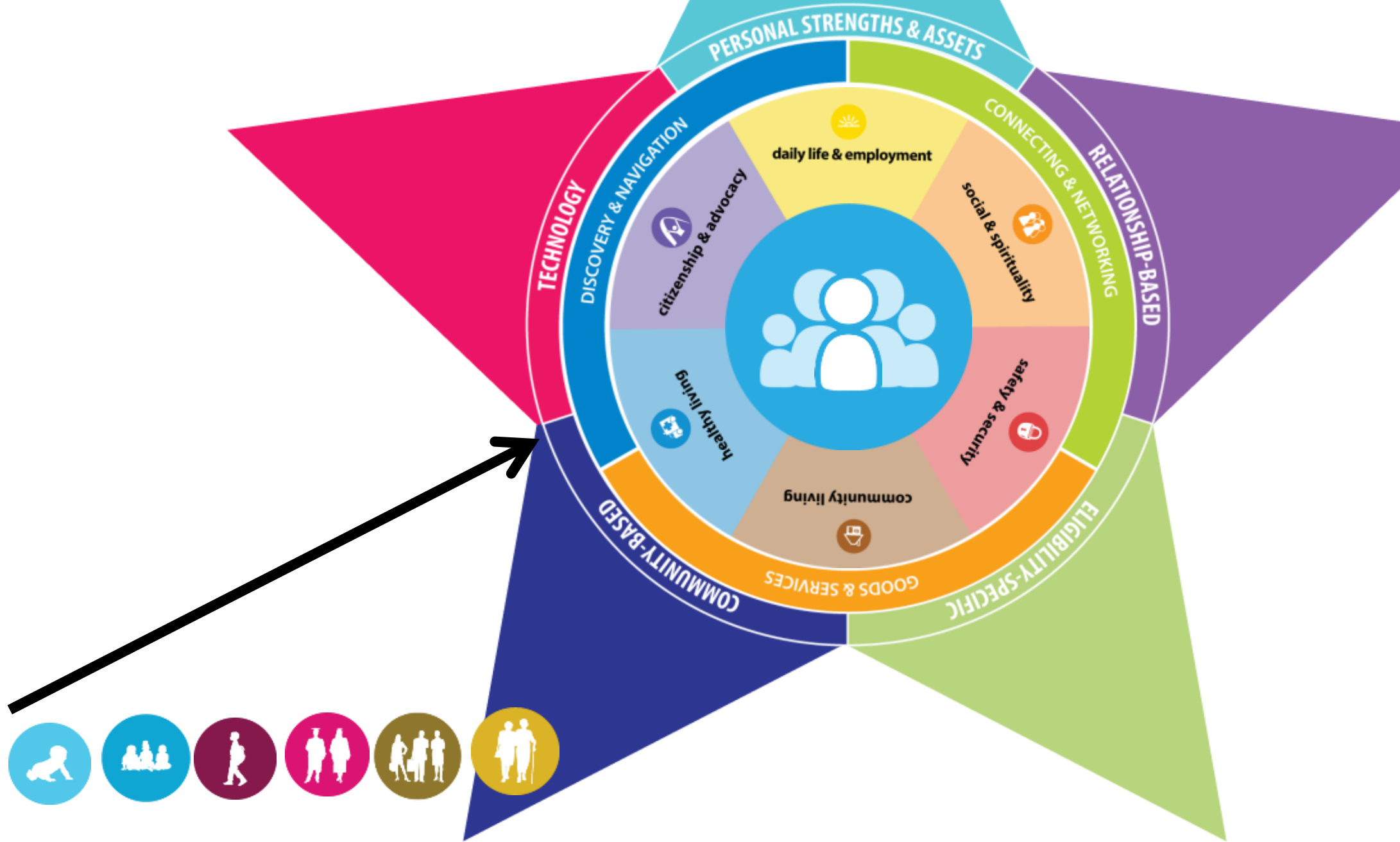
Vision & Trajectory for a Good Life



Charting the LifeCourse Integrated Supports STAR



* President's Committee for People with Intellectual Disabilities, *Leveling the Playing Field: Improving Technology Access and Design for People with Intellectual Disabilities* (2015).



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